

2017-2018 GCGC ANNUAL WOMEN'S INVITATIONAL – TEAM CHALLENGE 2018

CALL TO MEET



19-20 MAY 2018
GCGC GYMNASTICS
"TEAM CHALLENGE 2018"



HOST CLUB	GCGC Gymnastics 5510 Canotek Road, Units 8&9 Gloucester, Ontario. K1J 9J5 Telephone: (613) 747-4242 Email: info@gcgc.ca Web: www.gcgc.ca
MEET DIRECTOR	Veronique Gauthier Email: info@gcgc.ca Phone: (613) 747-4242
GO LIASON	Gymnastics Ontario Audra Sederavicius Phone : (647) 344-5137 E-mail : wag@gymnasticsontario.ca Website: www.gymnasticsontario.ca
COMPETITION VENUE	GCGC Gymnastics 5510 Canotek Road, Units 8&9 Gloucester, Ontario. K1J 9J5 Telephone: (613) 747-4242
REGULATIONS	As per the Gymnastics Ontario Technical Rules and Regulations Manual Warm Up Format: Option 2 Aspire - as per GCG Aspire Manual Novice, Junior and Senior HP - as per GCG Music: All CD's must be labeled with each athlete's name, category and club. Each athlete must have her music recorded on a separate CD. All music must be brought to the Announcer's table at the start of the General Warm Up of each flight. Awards: For Events and All Around (1 st to 3 rd Medals, 4 to 8 th Ribbons). No Bumping of places for ties.
COMPETITION	Women's Artistic – Levels 1 to 7, Ages 7 to 14+ and Masters GO Sanctioned event. Each team is responsible for bringing athlete GO participant consent and medical data record forms. Coaches must be on the approved GO list & have their <i>photo ID on hand</i> to be able to accompany athletes on the competition floor. The meet directors reserve the right to cancel or combine categories with insufficient registrations (Clubs will be notified).

REGISTRATION	<p>Registration Deadline: APRIL 7, 2018</p> <p>Fees: \$65 per athlete. \$70 per athlete if registration is received on or after April 7th. Meet fees must accompany registrations.</p> <p>Method of Payment: Please make cheques payable to GCGC Gymnastics</p> <p>Level Changes/ Withdraws: Level changes can be made until 19 April 2017. No level changes will be accepted after April 19th.</p> <p>Refunds: No refunds after April 1st.</p>
EQUIPMENT	<p>SA Sport Spieth Anderson (SA) Equipment. Vault runway 23 meters. Air-O-Board Tramp board available.</p>
MEDICAL	<p>First Aid Certified Personnel On-Site.</p> <p><u>Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events.</u> Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event. Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.</p>
COACH REQUIREMENTS	<p>Provincial Coaches must be fully certified <u>NCCP Level 2 Women’s Artistic</u> and have up to date <u>Risk Management certification (Part A: Risk Management & Part B: Respect in Sport)</u> to be eligible for the competition floor.</p> <p>National Coaches must have their NCCP Level 3 Theory and Technical (minimum) in addition to their NCCP Level 2 certifications.</p> <p>In case of a lost, stolen or forgotten ID, coaches will be required to sign form number CP001 stating a minimum level 2 certification for verification. The host club registration desk will have this form available. For replacement Ids contact Education Coordinator education@gymnasticsontario.ca to discuss options of acquiring a replacement ID or an exemption.</p>
ACCOMMODATION	<p>Holiday Inn Ottawa East 1199 Joseph Cyr Ottawa, ON Telephone 1-877-660-8550 or (613) 744-1060 www.ihg.com/holidayinn/hotels/us/en/ottawa/yowoe/hoteldetail</p> <p>Travelodge Ottawa East 1486 Innes Road, Ottawa, Ontario Telephone: 613-745-1133 www.ottawatravelodge.com</p> <p>The participants must pay for their accommodation costs.</p>

ADMISSIONS	<table> <tr> <td>Children 5 and under</td> <td>FREE</td> </tr> <tr> <td>Child 6-10 years</td> <td>\$3 per day, \$5 for both days</td> </tr> <tr> <td>Student 11-15 years</td> <td>\$5 per day, \$8 for both days</td> </tr> <tr> <td>Senior 55+ years</td> <td>\$5 per day, \$8 for both days</td> </tr> <tr> <td>Adult 16 – 55 years</td> <td>\$8 per day, \$14 for both days</td> </tr> <tr> <td>Family – 2 adults + 2 children</td> <td>\$20 per day, \$35 for both days</td> </tr> </table>	Children 5 and under	FREE	Child 6-10 years	\$3 per day, \$5 for both days	Student 11-15 years	\$5 per day, \$8 for both days	Senior 55+ years	\$5 per day, \$8 for both days	Adult 16 – 55 years	\$8 per day, \$14 for both days	Family – 2 adults + 2 children	\$20 per day, \$35 for both days
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ADDITIONAL INFORMATION	<p>Driving Directions to GCGC:</p> <p>Coming from centretown Ottawa, take HWY 417 east. Keep left and continue onto HWY 174. Exit at Montreal Road/St. Joseph and turn left. Turn right at next intersection onto Shefford Road (across from gas station) and then right again onto Canotek road. After proceeding past the stop sign turn at the next left onto Canotek Road (with the sign saying Green Creek Drive) and proceed to the last building on your left, GCGC Gymnastics, 5510 Canotek Road.</p> <p>Link to map</p> <p>Special: Athlete participation gift - Coach participation gift - 50/50 draw - Canteen - Photographer</p> <p>Athletes and coaches: Come prepared to be challenged during the down time before awards. Special prizes will be given for challenge winners!</p>												