



# GCGC Gymnastics

## Fall 2017 Recreational Session

September – December

SEPTEMBER						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBER						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### CALENDAR OF EVENTS

All shaded are days of regular classes for the Fall Session

#### Saturday September 9, 2017

First class for the Fall Recreational Session

#### Monday September 25 to Saturday September 30, 2017

Bring-a-Friend Week

Parents invited to watch classes

#### Friday October 7 to Monday October 9, 2017

Thanksgiving Weekend – NO CLASSES

#### Saturday October 28, 2017

Annual Halloween Party – PRIZES! WEAR A COSTUME!

Kindergym party 8:45 to 9:45am

All other athletes 10am to 12pm

#### Monday October 30 to Saturday November 4, 2017

Annual Gym-a-thon Fundraiser

Parents invited to watch classes

#### Monday November 29 to Saturday December 4, 2017

Last day of Recreational classes for the Fall Session

Parents' Participation Days!

Progress reports

### REGISTRATION FOR WINTER SESSION

November 20<sup>nd</sup>, 22<sup>th</sup> and 25<sup>th</sup> 2017

Sign up early!

Please note: There will be no designated make-up classes. You may join other classes to make up for missed time in case of illness only.

#### GCGC GYMNASTICS – FACILITY

5510 Canotek Road, Units 8 & 9, Ottawa, ON

Tel: 613-747-4242 Fax: 613-747-6718

Email: [info@gcgc.ca](mailto:info@gcgc.ca) Website: [www.gcgc.ca](http://www.gcgc.ca)

Head Coach: Pat Norris, 613-745-7898

**ALLERGY ALERT!!! NO NUTS, GARLIC, MSG, SEAFOOD**